

## UPCOMING VETERANS EVENTS 07/20/2026

\*\*\* All Vet Center Groups require that the Veteran be enrolled with the Vet Center prior to attending. To check eligibility or for questions, please contact the Vet Center at (401) 739-0167 or reach out to our Veteran Outreach Program Specialist (VOPS) via email at [Justyn.Charon@va.gov](mailto:Justyn.Charon@va.gov) \*\*\*

**Post-Traumatic Stress Disorder Group (PTSD)** – 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month from 2:00 – 3:30 p.m. (Group is only active September through May)

**Global War on Terrorism (GWOT) and Vietnam Veterans PTSD Group** – 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month from 9:30 – 11:00 a.m.

**Vietnam Veteran PTSD Group** – 1<sup>st</sup> and 3<sup>rd</sup> Monday of the month from 10:30 – 12:00 p.m. and 5:30 p.m. – 7:00 p.m.

**Art Expression Group** – Every Thursday from 9:00 – 12:00 p.m.

**Operation Enduring Freedom (OEF)/Operation Iraqi Freedom (OIF)/Operation New Dawn (OND) Group** – Every Wednesday from 11:00 – 12:00 p.m.

**Stress Management**- Every Thursday from 9:00 – 10:00 a.m.

**Low Impact Walking Group** – Every Tuesday from 9:00 – 10:00 a.m.

**Guitar 4 Veterans** – Every Wednesday from 7:00-8:30 p.m.

**Monday Mindfulness Group** – Every Monday from 10:00 - 11:00 a.m.

**Yoga Group** – Every Friday from 12:00 - 1:00 p.m.

**Moral Injury Group** – Every Friday from 10:00 - 11:00 a.m.

**Modern Warrior Support Group** – 1<sup>st</sup> and 3<sup>rd</sup> Monday of the month from 2:30 - 4:00

**Every 1<sup>st</sup> Friday, of every month, Veteran's Eat FREE, at Badger's Pub**  
**Location: 530 Broadway, Pawtucket, RI Time: 12PM-8PM**

**EVERY 1<sup>ST</sup> Friday, of every month, Medicine Horse, Silva Spirit Farm**, 1600 Eaglerville Road, Tiverton RI, "Fall in Friday" for active duty, veterans and first responders. No appointment, drop in from 10:00 to 12:00. Refreshments include homemade cookies. More information, (401) 640-7506. <https://www.facebook.com/SilvaSpiritFarm>

**Every 2<sup>nd</sup> Wednesday of month)** toast n' tap, 5:00-7:00, toast n' tap, 45 Quaker Lane, W. Warwick RI. The Italian American War Veterans of the US will provide a FREE

Dinner for all veterans and one guest. Macaroni and Meatballs, Caesar Salad, Garlic Bread, Zeppole, cannoli, and more.

**Every 3<sup>rd</sup> Monday each Month, 11:30 to 1:00 FREE Luncheon, at Perella's Ristorante, 311 Metacom Ave, Warren R.I.** Guinness Shepards Pie or Macaroni and Meatballs, dessert, and coffee. More information, call (401) 677-9838 or email [itamri4vets@gmail.com](mailto:itamri4vets@gmail.com)

**FEB – DEC 9, Yoga for the Military & First Responders: Mondays**

**Location:** SHRI STUDIO at 390 Pine Street, Pawtucket

All day

**APR - DEC 31, Soul Value - RI250**

**Location:** Old Slater Mill 67 Roosevelt Avenue Pawtucket, Rhode Island 02860 United States

All day

**Monday 27 July, Korean War Veterans Memorial Day**

**Thursday JULY 30 Veterans Golf 2026**

**Location:** Button Hole One Button Hole Dr Providence RI

5:00pm 7:00pm

**Friday 31 July, Disabled American Veterans Day**

**MONDAY AUG 3 Leadership Rhode Island Golf Classic**

**Location:** Wannamoisett Country Club

All day

**THURSDAY AUG 6 Veterans Golf 2026**

**Location:** Button Hole One Button Hole Dr Providence RI

5:00pm 7:00pm

**Saturday, August 8<sup>th</sup>, Veterans of Foreign Wars, Post 306 monthly meeting, 9AM**

**Location:** 171 Fountain St, Pawtucket, RI

**THURSDAY AUG 20 Veterans Golf 2026**

**Location:** Button Hole One Button Hole Dr Providence RI

5:00pm 7:00pm

**MONDAY AUG 24 2nd Annual SSG Chris Potts Golf Tournament**

**Location:** West Warwick Country Club

7:00am 11:00am

**SATURDAY AUG 29 Come Clam With Me**

**Location:** Gulls Cove Portsmouth, RI

1:00pm 4:00pm

**Monday 7 September, Labor Day**

**THURSDAY SEP 10 Veterans Golf 2026**

**Location:** Button Hole One Button Hole Dr Providence RI  
5:00pm 7:00pm

**Friday September 11<sup>th</sup>,** Pawtucket Veterans Council meeting at 1300hrs,

**Location:** Major Walter G. Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

**Saturday, September 12<sup>th</sup>,** Veterans of Foreign Wars, Post 306 monthly meeting, 9AM

**Location:** 171 Fountain St, Pawtucket, RI

**Friday 18 September, POW-MIA's Day**

**SATURDAY SEP 19 2nd Annual Army vs Air Soccer Match**

**Location:** Centerville Stadium Pawtucket RI  
All day

**THURSDAY SEP 24 Veterans Golf 2026**

**Location:** Button Hole One Button Hole Dr Providence RI  
5:00pm 7:00pm

**THURSDAY OCT 8 Veterans Golf 2026**

**Location:** Button Hole One Button Hole Dr Providence RI  
5:00pm 7:00pm

**Friday October 9<sup>th</sup>,** Pawtucket Veterans Council meeting at 1300hrs,

**Location:** Major Walter G. Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

**Saturday, October 10<sup>th</sup>,** Veterans of Foreign Wars, Post 306 monthly meeting, 9AM

**Location:** 171 Fountain St, Pawtucket, RI

**Sunday 18 October, Gold Star Parents Day**

**Friday 23 October, Beirut Bombings Remembrance**

**Wednesday 11 November, Veterans Day**

**Friday November 13<sup>th</sup>,** Pawtucket Veterans Council meeting at 1300hrs,

**Location:** Major Walter G. Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

**Saturday, November 14<sup>th</sup>,** Veterans of Foreign Wars, Post 306 monthly meeting, 9AM

**Location:** 171 Fountain St, Pawtucket, RI

**Friday December 11<sup>th</sup>,** Pawtucket Veterans Council meeting at 1300hrs,

**Location:** Major Walter G. Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

**Saturday, December 12<sup>th</sup>,** Veterans of Foreign Wars, Post 306 monthly meeting, 9AM

**Location:** 171 Fountain St, Pawtucket, RI

**If any event is in [BLUE](#), click on the event for a flyer.**

**Would you like to see your veteran event here, please contact John P Gallo Sr.,  
Chairman, Legislation Committee. Cell: 401-573-7057 or [johnlgg@cox.net](mailto:johnlgg@cox.net)**