

UPCOMING VETERANS EVENTS 11/14/2025

**** All Vet Center Groups require that the Veteran be enrolled with the Vet Center prior to attending. To check eligibility or for questions, please contact the Vet Center at (401) 739-0167 or reach out to our Veteran Outreach Program Specialist (VOPS) via email at Justyn.Charon@va.gov ****

Post-Traumatic Stress Disorder Group (PTSD) – 2nd and 4th Tuesday of the month from 2:00 – 3:30 p.m. (Group is only active September through May)

Global War on Terrorism (GWOT) and Vietnam Veterans PTSD Group – 2nd and 4th Wednesday of the month from 9:30 – 11:00 a.m.

Vietnam Veteran PTSD Group – 1st and 3rd Monday of the month from 10:30 – 12:00 p.m. and 5:30 p.m. – 7:00 p.m.

Art Expression Group – Every Thursday from 9:00 – 12:00 p.m.

Operation Enduring Freedom (OEF)/Operation Iraqi Freedom (OIF)/Operation New Dawn (OND) Group – Every Wednesday from 11:00 – 12:00 p.m.

Stress Management- Every Thursday from 9:00 – 10:00 a.m.

Low Impact Walking Group – Every Tuesday from 9:00 – 10:00 a.m.

Guitar 4 Veterans – Every Wednesday from 7:00-8:30 p.m.

Monday Mindfulness Group – Every Monday from 10:00 - 11:00 a.m.

Yoga Group – Every Friday from 12:00 - 1:00 p.m.

Moral Injury Group – Every Friday from 10:00 - 11:00 a.m.

Modern Warrior Support Group – 1st and 3rd Monday of the month from 2:30 - 4:00 p.m.

2024 Project New Hope Inc. Veterans'

Retreats: www.projectnewhopema.org/home/retreats/

Every 1st Friday, of every month, Veteran's Eat FREE, at Badger's Pub
Location: 530 Broadway, Pawtucket, RI Time: 12PM-8PM

EVERY 1ST Friday, of every month, Medicine Horse, Silva Spirit Farm, 1600 Eagleville Road, Tiverton RI, "Fall in Friday" for active duty, veterans and first responders. No appointment, drop in from 10:00 to 12:00. Refreshments include homemade cookies. More information, (401) 640-7506. <https://www.facebook.com/SilvaSpiritFarm>

Every 2nd Wednesday of month) toast n' tap, 5:00-7:00, toast n' tap, 45 Quaker Lane, W. Warwick RI. The Italian American War Veterans of the US will provide a FREE Dinner for all veterans and one guest. Macaroni and Meatballs, Caesar Salad, Garlic Bread, Zeppole, cannoli, and more.

Every 3rd Monday each Month, 11:30 to 1:00 FREE Luncheon, at Perella's Ristorante, 311 Metacom Ave, Warren R.I. Guinness Shepards Pie or Macaroni and Meatballs, dessert, and coffee. More information, call (401) 677-9838 or email itamri4vets@gmail.com

Friday, November 14th, 1:00PM, Pawtucket Veterans Council meeting,
Location: Major Walter G. Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

Tuesday, November 18th, Veteran's Coffee and Company
Location: Charlestown Senior Community Center 100 Park Lane Ninigret Park, Charlestown, RI 02813
10:00am 11:30am

Tuesday, November 18th, Veterans Coffee Social: Greenville
Location: Greenville Library (Baker Room) 573 Putnam Pike Greenville
11:30pm 1:00pm

Wednesday, November 19th, November's Veterans Cafe
Location: East Providence Senior Center 610 Waterman Ave, East Providence, Rhode Island 02914
11:00am 1:00pm

Wednesday, November 19th, Veterans Coffee Social: Greenville
Location: Greenville Library (Baker Room) 573 Putnam Pike Greenville
11:30pm 1:00pm

Tuesday, December 2nd, [Veteran's Coffee and Company](#)

Location: Charlestown Senior Community Center 100 Park Lane Ninigret Park,
Charlestown, RI 02813

10:00am 11:30am

Saturday, December 6th, Veterans of Foreign Wars, Post 306 monthly meeting, 9AM

Location: 171 Fountain St, Pawtucket, RI

Friday, December 12th, 1:00PM, Pawtucket Veterans Council meeting,

Location: Major Walter G. Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket,

Tuesday, December 16th, [Veteran's Coffee and Company](#)

Location: Charlestown Senior Community Center 100 Park Lane Ninigret Park,
Charlestown, RI 02813

10:00am 11:30am

Wednesday, December 17th, [December Veterans Cafe](#)

Location: Southside Cultural Center of Rhode Island, 393 Broad Street, Providence, RI

11:00am 1:00pm

If any event is in [BLUE](#), click on the event for a flyer.

**Would you like to see your veteran event here, please contact John P Gallo Sr.,
Chairman, Legislation Committee. Cell: 401-573-7057 or johnlgg@cox.net**