

## **UPCOMING VETERANS EVENTS 1-15-25**

*\*\*\* All Vet Center Groups require that the Veteran be enrolled with the Vet Center prior to attending. To check eligibility or for questions, please contact the Vet Center at (401) 739-0167 or reach out to our Veteran Outreach Program Specialist (VOPS) via email at [Justyn.Charon@va.gov](mailto:Justyn.Charon@va.gov) \*\*\**

**Post-Traumatic Stress Disorder Group (PTSD)** – 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month from 2:00 – 3:30 p.m. (Group is only active September through May)

**Global War on Terrorism (GWOT) and Vietnam Veterans PTSD Group** – 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month from 9:30 – 11:00 a.m.

**Vietnam Veteran PTSD Group** – 1<sup>st</sup> and 3<sup>rd</sup> Monday of the month from 10:30 – 12:00 p.m. and 5:30 p.m. – 7:00 p.m.

**Art Expression Group** – Every Thursday from 9:00 – 12:00 p.m.

**Operation Enduring Freedom (OEF)/Operation Iraqi Freedom (OIF)/Operation New Dawn (OND) Group** – Every Wednesday from 11:00 – 12:00 p.m.

**Stress Management-** Every Thursday from 9:00 – 10:00 a.m.

**Low Impact Walking Group** – Every Tuesday from 9:00 – 10:00 a.m.

**Guitar 4 Veterans** – Every Wednesday from 7:00-8:30 p.m.

**Monday Mindfulness Group** – Every Monday from 10:00 - 11:00 a.m.

**Yoga Group** – Every Friday from 12:00 - 1:00 p.m.

**Moral Injury Group** – Every Friday from 10:00 - 11:00 a.m.

**Modern Warrior Support Group** – 1<sup>st</sup> and 3<sup>rd</sup> Monday of the month from 2:30 - 4:00 p.m.

**2024 Project New Hope Inc. Veterans'**

**Retreats:** [www.projectnewhopema.org/home/retreats/](http://www.projectnewhopema.org/home/retreats/)

**Every 1<sup>st</sup> Friday, of every month, Veteran's Eat FREE, at Badger's Pub**  
**Location: 530 Broadway, Pawtucket, RI Time: 12PM-8PM**

**Wednesday, January 16 & Thur. 17, [Career Fair](#) 10am-1pm**  
**Location: RI Veterans Home 480 Metacom Ave Bristol RI 02809**

**Wednesday, January 16, [Midwinter Veterans Resource Fair](#)**  
**Location: CCRI Newport Campus**  
3:00pm 7:00pm

**Monday, January 20, Veterans of Foreign Wars, Post 306 monthly meeting, 7PM, 171 Fountain St, Pawtucket, RI**

**Tuesday, January 21 –Mar 27 [URI Boots to Bushels Program](#)**  
**Location: URI**

**Wednesday, January 22, [Veterans Coffee Social](#)**  
**Location: Warwick Library 600 Sandy Lane Warwick, RI 02889**  
5:30pm 7:30pm

**Wednesday, Jan 29, [Veterans Coffee Social](#)**  
**Location: Edward King House 35 King St Newport RI**  
5:00pm 7:00pm

**Friday, February 14<sup>th</sup>, 1:00PM, Pawtucket Veterans Council meeting, Major Walter G. Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI**

**SATURDAY, FEBRUARY 15<sup>TH</sup>, Founders Day of Italian-American War Veterans of the United States**

**Monday, February 17<sup>th</sup>, Veterans of Foreign Wars, Post 306 monthly meeting, 7PM, 171 Fountain St, Pawtucket, RI**

**Wednesday, February 19<sup>th</sup>, [Veteran's Cafe: Social dining opportunity for Veterans 60+](#)**  
**Location: American Legion 662 West Shore Rd Warwick RI**  
11:00am 1:00pm

**Wednesday, March 5<sup>th</sup>, Rhode Island Seabees Day**

**Friday, March 14<sup>th</sup>, 1:00PM, Pawtucket Veterans Council meeting, Major Walter G. Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI**

**Monday, March 17<sup>th</sup>, Veterans of Foreign Wars, Post 306 monthly meeting, 7PM, 171 Fountain St, Pawtucket, RI**

**Wednesday, March 19th, [Veteran's Cafe: Social dining opportunity for Veterans 60+](#)**

**Location:** American Legion Fairmount 870 River Street Woonsocket RI  
11:00am 1:00pm

**Saturday, March 29<sup>th</sup>, Vietnam Veterans' Day**

**Friday, April 11th, 1:00PM,** Pawtucket Veterans Council meeting, Major Walter G. Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

**Saturday, April 12<sup>th</sup>, RI Patriot Guard Riders Day**

**Wednesday, April 16th, [Veteran's Cafe: Social dining opportunity for Veterans 60+](#)**

**Location:** American Legion 662 West Shore Rd Warwick RI  
11:00am 1:00pm

**Saturday, April 19<sup>th</sup>, Combat Veterans' Day**

**Sunday, April 20<sup>th</sup>, Easter Sunday**

**Monday, April 21<sup>th</sup>,** Veterans of Foreign Wars, Post 306 monthly meeting, 7PM, 171 Fountain St, Pawtucket, RI

**Thursday, May 1<sup>st</sup>,** Veterans of Foreign Wars Loyalty Day

**Sunday, May 4<sup>th</sup>,** Rhode Island Independence Day

**Friday, May 9th, 1:00PM,** Pawtucket Veterans Council meeting, Major Walter G. Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

**Sunday, May 11<sup>th</sup>,** Mother's Day

**Sunday, May 18<sup>th</sup>,** Rhode Island Blue Star Parents Day

**Monday, May 19<sup>th</sup>,** Veterans of Foreign Wars, Post 306 monthly meeting, 7PM, 171 Fountain St, Pawtucket, RI

**Wednesday, May 21st, [Veteran's Cafe: Social dining opportunity for Veterans 60+](#)**

**Location:** American Legion Fairmount 870 River Street Woonsocket RI  
11:00am 1:00pm

**If any event is in [BLUE](#), click on the event for a flyer.**

**Would you like to see your veteran event here, please contact John P Gallo Sr., Chairman, Legislation Committee. Cell: 401-573-7057 or [johnlqq@cox.net](mailto:johnlqq@cox.net)**