

UPCOMING VETERANS EVENTS 11-25-24

**** All Vet Center Groups require that the Veteran be enrolled with the Vet Center prior to attending. To check eligibility or for questions, please contact the Vet Center at (401) 739-0167 or reach out to our Veteran Outreach Program Specialist (VOPS) via email at Justyn.Charon@va.gov ****

Post-Traumatic Stress Disorder Group (PTSD) – 2nd and 4th Tuesday of the month from 2:00 – 3:30 p.m. (Group is only active September through May)

Global War on Terrorism (GWOT) and Vietnam Veterans PTSD Group – 2nd and 4th Wednesday of the month from 9:30 – 11:00 a.m.

Vietnam Veteran PTSD Group – 1st and 3rd Monday of the month from 10:30 – 12:00 p.m. and 5:30 p.m. – 7:00 p.m.

Art Expression Group – Every Thursday from 9:00 – 12:00 p.m.

Operation Enduring Freedom (OEF)/Operation Iraqi Freedom (OIF)/Operation New Dawn (OND) Group – Every Wednesday from 11:00 – 12:00 p.m.

Stress Management- Every Thursday from 9:00 – 10:00 a.m.

Low Impact Walking Group – Every Tuesday from 9:00 – 10:00 a.m.

Guitar 4 Veterans – Every Wednesday from 7:00-8:30 p.m.

Monday Mindfulness Group – Every Monday from 10:00 - 11:00 a.m.

Yoga Group – Every Friday from 12:00 - 1:00 p.m.

Moral Injury Group – Every Friday from 10:00 - 11:00 a.m.

Modern Warrior Support Group – 1st and 3rd Monday of the month from 2:30 - 4:00 p.m.

2024 Project New Hope Inc. Veterans'

Retreats: www.projectnewhopema.org/home/retreats/

Every 1st Friday, of every month, Veteran's Eat FREE, at Badger's Pub
Location: 530 Broadway, Pawtucket, RI Time: 12PM-8PM

THURSDAY, NOVEMBER 28TH, THANKSGIVING DAY

Friday, December 6th, 1:00PM, Pawtucket Veterans Council meeting, Major Walter G. Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

Saturday, December 7th, 1-4PM, [Dare to Dream Ranch Annual Holiday Party for Service Members and Veterans](#)

Location: 12 Snagwood Rd, Foster, RI 02825

Monday, December 9th, 12:00PM, Wreaths Across America Ceremony
Location: State Room, RI State House

Tuesday, December 10th, 9:00AM, Wreaths Across America Ceremony
Location: Ponagansett High School

Sunday-Friday, December 10th-15th, All Day [RING Holiday for Heroes-Volunteer Opportunity](#)

Location: Cranston/Warwick

Tuesday, December 12th, 3-4:45 PM, [Veterans Coffee Social](#)
Location: Warwick Library 600 Sandy Lane Warwick, RI 02889

Friday, December 15th, 12-4PM, [RING Holiday for Heroes](#)
Location: The Event Factory, 144 Metro Center Blvd, Warwick, RI

Wednesday, December 18th, 11AM – 1PM, [Veteran's Cafe: Social dining opportunity for Veterans 60+](#)

Location: American Legion 330 West Shore Rd Warwick RI

Wednesday, Jan 15th, 11:00AM – 1:00PM, [Veteran's Cafe: Social dining opportunity for Veterans 60+](#)

Location: American Legion Fairmount Post 85, 870 River Street Woonsocket RI

[If any event is in BLUE, click on the event for a flyer.](#)

[Would you like to see your veteran event here, please contact John P Gallo Sr., Chairman, Legislation Committee. Cell: 401-573-7057 or \[johnlqq@cox.net\]\(mailto:johnlqq@cox.net\)](#)