

## **UPCOMING VETERANS EVENTS 10-15-24**

*\*\*\* All Vet Center Groups require that the Veteran be enrolled with the Vet Center prior to attending. To check eligibility or for questions, please contact the Vet Center at (401) 739-0167 or reach out to our Veteran Outreach Program Specialist (VOPS) via email at [Justyn.Charon@va.gov](mailto:Justyn.Charon@va.gov) \*\*\**

**Post-Traumatic Stress Disorder Group (PTSD)** – 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month from 2:00 – 3:30 p.m. (Group is only active September through May)

**Global War on Terrorism (GWOT) and Vietnam Veterans PTSD Group** – 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month from 9:30 – 11:00 a.m.

**Vietnam Veteran PTSD Group** – 1<sup>st</sup> and 3<sup>rd</sup> Monday of the month from 10:30 – 12:00 p.m. and 5:30 p.m. – 7:00 p.m.

**Art Expression Group** – Every Thursday from 9:00 – 12:00 p.m.

**Operation Enduring Freedom (OEF)/Operation Iraqi Freedom (OIF)/Operation New Dawn (OND) Group** – Every Wednesday from 11:00 – 12:00 p.m.

**Stress Management-** Every Thursday from 9:00 – 10:00 a.m.

**Low Impact Walking Group** – Every Tuesday from 9:00 – 10:00 a.m.

**Guitar 4 Veterans** – Every Wednesday from 7:00-8:30 p.m.

**Monday Mindfulness Group** – Every Monday from 10:00 - 11:00 a.m.

**Yoga Group** – Every Friday from 12:00 - 1:00 p.m.

**Moral Injury Group** – Every Friday from 10:00 - 11:00 a.m.

**Modern Warrior Support Group** – 1<sup>st</sup> and 3<sup>rd</sup> Monday of the month from 2:30 - 4:00 p.m.

**2024 Project New Hope Inc. Veterans'**

**Retreats:** [www.projectnewhopema.org/home/retreats/](http://www.projectnewhopema.org/home/retreats/)

**Every 1<sup>st</sup> Friday, of every month, Veteran's Eat FREE, at Badger's PubLocation: 530 Broadway, Pawtucket, RI Time: 12PM-8PM**

**Wednesday, October 16<sup>th</sup>**, 11AM-12PM, Burial Ceremony, Bryon A. Johnson, Civil War Veteran

**Location:** Oak Hill Cemetery, Central Ave, Pawtucket, RI

**Wednesday, October 16<sup>th</sup>**, 11:00AM – 1:00PM, **Veteran's Cafe: Social dining opportunity for Veterans 60+**

**Location:** American Legion 330 West Shore Rd Warwick RI

**Sunday, October 20<sup>th</sup>**, Gold Star Parent's Day

**Tuesday, October 22<sup>nd</sup>**, 5:30PM, Beirut Bombing Prayer Service

**Location:** Beirut Memorial, WaterPlace Park, Providence, RI

**Wednesday, October 23<sup>rd</sup>**, Beirut Bombing Ceremony

**Location:** Portsmouth Historical Bldg, Portsmouth, RI

**Friday, November 1<sup>st</sup>**, **Veteran's Eat FREE, 1st Friday of every month at Badger's Pub 530 Broadway, Pawtucket, RI Time: 12PM-8PM**

**Friday, November 1<sup>st</sup>**, 1-3PM, Honor Our Veterans, Light refreshments will be served

**Location:** 28 Chopmist Hill Rd, Chepachet Grange, Chepachet, RI

**Saturday, November 2<sup>nd</sup>** 4:30-9:30PM, WaterFire Salute to Veterans'

**Location:** WaterFire Basin, Providence, RI

**Friday, November 8<sup>th</sup>**, **1:00PM**, Pawtucket Veterans Council meeting, Major Walter G Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

**Monday, November 11<sup>th</sup>**, 10AM, Redmond Memorial Day Ceremony

**Location:** Corner Exchange St. & Roosevelt Ave, Pawtucket, RI

**Monday, November 11<sup>th</sup>**, 11AM, Pawtucket Veterans Council, Veterans' Day Ceremony

**Location:** Pawtucket Council Chambers, Pawtucket, RI

**Wednesday, Nov 20<sup>th</sup>**, 11:00AM – 1:00PM, **Veteran's Cafe: Social dining opportunity for Veterans 60+**

**Location:** American Legion Fairmount Post 85, 870 River Street Woonsocket RI

**Wednesday, December 18<sup>th</sup>**, 11AM – 1PM, **Veteran's Cafe: Social dining opportunity for Veterans 60+**

**Location:** American Legion 330 West Shore Rd Warwick R

**If any event is in [BLUE](#), click on the event for a flyer.**

**Would you like to see your veteran event here, please contact John P Gallo Sr., Chairman, Legislation Committee. Cell: 401-573-7057 or [johnlqq@cox.net](mailto:johnlqq@cox.net)**