

UPCOMING VETERANS EVENTS 09-01-24

**** All Vet Center Groups require that the Veteran be enrolled with the Vet Center prior to attending. To check eligibility or for questions, please contact the Vet Center at (401) 739-0167 or reach out to our Veteran Outreach Program Specialist (VOPS) via email at Justyn.Charon@va.gov ****

Post-Traumatic Stress Disorder Group (PTSD) – 2nd and 4th Tuesday of the month from 2:00 – 3:30 p.m. (Group is only active September through May)

Global War on Terrorism (GWOT) and Vietnam Veterans PTSD Group – 2nd and 4th Wednesday of the month from 9:30 – 11:00 a.m.

Vietnam Veteran PTSD Group – 1st and 3rd Monday of the month from 10:30 – 12:00 p.m. and 5:30 p.m. – 7:00 p.m.

Art Expression Group – Every Thursday from 9:00 – 12:00 p.m.

Operation Enduring Freedom (OEF)/Operation Iraqi Freedom (OIF)/Operation New Dawn (OND) Group – Every Wednesday from 11:00 – 12:00 p.m.

Stress Management- Every Thursday from 9:00 – 10:00 a.m.

Low Impact Walking Group – Every Tuesday from 9:00 – 10:00 a.m.

Guitar 4 Veterans – Every Wednesday from 7:00-8:30 p.m.

Monday Mindfulness Group – Every Monday from 10:00 - 11:00 a.m.

Yoga Group – Every Friday from 12:00 - 1:00 p.m.

Moral Injury Group – Every Friday from 10:00 - 11:00 a.m.

Modern Warrior Support Group – 1st and 3rd Monday of the month from 2:30 - 4:00 p.m.

2024 Project New Hope Inc. Veterans'

Retreats: www.projectnewhopema.org/home/retreats/

Monday, September 2nd, Labor Day

Friday, Sept. 6th, Veteran's Eat FREE, 1st Friday of every month at Badger's Pub 530 Broadway, Pawtucket, RI Time: 12PM-8PM

Saturday, September 7, 2024 – 1 to 3 p.m. State Amvets Steak Fry: Amvets Post 7, 842 Social Street, Woonsocket. Event is open to the public. Cost is \$25 per person, RSVP no later than August 31.

Friday, September 13th, 1:00PM, Pawtucket Veterans Council meeting, Major Walter G Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

Friday, September 13th, 9:00am 12:00pm [Sail to Win](#)

Saturday, September 14, 2024 – 10 a.m. to 2 p.m. Veterans Resource Fair at Schofield Armory, 705 New London Ave. Cranston, RI. Organized by Ocean State Unit 118 of Military Woman Across the Nation (MWAN).

Saturday, September 14th, 12:00PM – 4:00PM, [Combat Veterans Motorcycle Association Steak Fry](#)

Location: St. Joseph Veterans Association 99 Louise St. Woonsocket RI

Monday, September 16th, Veterans of Foreign Wars, Post 306 monthly meeting, 7PM, 171 Fountain St, Pawtucket, RI

Tuesday Sept 17 – Thursday Sept 19, 5:30PM – 8:30Pm, Job Fair [The boat for VETS - General Dynamics Electric Boat opportunities](#)

Location: Westerly Education Center, 23 Friendship St. Westerly RI

Wednesday, Sept 18th, 11:00AM – 1:00PM, [Veteran's Cafe: Social dining opportunity for Veterans 60+](#)

Location: American Legion Fairmount 870 River Street Woonsocket RI

Thursday, September 19th, [SAVE THE DATE - Community MH Summit and Suicide Prevention Walk](#) All day

Friday, September 20th, POW-MIA DAY

Sunday September 29, 2024 – 5:30 a.m. SENDOFF and Welcome Home, Sunday, September 29, 2024 @10:00 p.m at T.F Green International Airport

Saturday, October 5th ~All Day [VFW 2nd Annual Women's Retreat- postponed to 10/5/24](#)

Location: 1600 Eagleville Road, Tiverton, RI

Friday, October 11th, 1:00PM, Pawtucket Veterans Council meeting, Major Walter G Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

Monday, October 14th, Columbus Day

Wednesday, October 16th, 11:00AM – 1:00PM, **Veteran's Cafe: Social dining opportunity for Veterans 60+**

Location: American Legion 330 West Shore Rd Warwick RI

Sunday, October 20th, Gold Star Parent's Day

Wednesday, October 23rd, Beirut Bombing Day

Friday, November 8th, 1:00PM, Pawtucket Veterans Council meeting, Major Walter G Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

Wednesday, Nov 20th, 11:00AM – 1:00PM, **Veteran's Cafe: Social dining opportunity for Veterans 60+**

Location: American Legion Fairmount Post 85, 870 River Street Woonsocket RI

If any event is in [BLUE](#), click on the event for a flyer.

Would you like to see your veteran event here, please contact John P Gallo Sr., Chairman, Legislation Committee. Cell: 401-573-7057 or johnlgg@cox.net